

RUSTA : records club INDOOR - māj 01.04.2024

| M35 Hommes | | | | M35 Dames | | | |
|----------------|-------------------|----------|-------|-------------|-----------------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | LEFEBVRE Sylvain | 7"24 | 2018 | 60m | HENNART Sandrine | 8"60 | 2010 |
| 200m | CALLENS Emmanuel | 23.26 | 2011 | 200m | SALOME Aurélie | 35"99 | 2024 |
| 300m | CALLENS Emmanuel | 37"77 | 2011 | 300m | | | |
| 400m | LAUS Joachim | 56"65 | 2020 | 400m | SALOME Aurélie | 1'20"77 | 2024 |
| 800m | | | | 800m | SALOME Aurélie | 3'20"47 | 2023 |
| 1000m | LAUS Joachim | 3'02"76 | 2020 | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.99m) | LAUS Joachim | 9"67 | 2023 | 60H (0.84m) | | | |
| 4x200m | | | | 4x200m | | | |
| Hauteur | LAUS Joachim | 1m64 | 2020 | Hauteur | | | |
| Longueur | LAUS Joachim | 5m57 | 2020 | Longueur | LEFEBVRE Marie-Jeanne | 3m69 | 2023 |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (7.26kg) | DE GEYTER Olivier | 13m45 | 2010 | Poids (4kg) | DELCAMPE Sandrine | 9m58 | 2014 |
| Pentathlon | LAUS Joachim | 2702pts | 2020 | Pentathlon | | | |

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| M35 Hommes | | | | M35 Dames | | | |
|----------------------|-------------------|----------|------|------------------------|-----------------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | LEFEBVRE Sylvain | 11"30 | 2016 | 100m | SALOME Aurélie | 16"35 | 2023 |
| 200m | CALLENS Emmanuel | 23"13 | 2011 | 200m | FRANCQ Anne-Marie | 33"45 | 2015 |
| 300m | LEFEBVRE Sylvain | 37"37 | 2015 | 300m | | | |
| 400m | CALLENS Emmanuel | 52"56 | 2010 | 400m | | | |
| 800m | CHOTEAU Hugues | 2'10"00 | 2018 | 800m | BUYSE Caroline | 2'31"58 | 2013 |
| 1000m | | | | 1000m | | | |
| 1500m | LAUS Joachim | 4'41"96 | 2019 | 1500m | BUYSE Caroline | 5'13"34 | 2013 |
| Mile | | | | Mile | | | |
| 3000m | LEVANT Bruno | 8'59"42 | 2001 | 3000m | BUYSE Caroline | 11'23"58 | 2014 |
| 5000m | DERAM Steven | 15'41"72 | | 5000m | BILLE Sabrina | 26'43"58 | 2015 |
| 10000m | DERAM Steven | 32'45"77 | | 10000m | | | |
| 20km | DERAM Steven | 1h08'04" | | 20km | | | |
| Heure | DERAM Steven | 17km684 | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | DERAM Steven | 2h31'29" | | Marathon | | | |
| 110H (0.99m) | | | | 100H (0.84m) | | | |
| 400H (0.91m) | LAUS Joachim | 1'03"69 | 2022 | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | DE GEYTER Olivier | 1m63 | 2010 | Hauteur | FRANCQ Anne-Marie | 1m25 | 2015 |
| Longueur | LAUS Joachim | 6m05 | 2020 | Longueur | HENNART Sandrine | 5m37 | 2010 |
| Triple saut | LAUS Joachim | 10m20 | 2021 | Triple saut | | | |
| Perche | LAUS Joachim | 2m40 | 2021 | Perche | | | |
| Poids (7.26kg) | DE GEYTER Olivier | 13m20 | 2010 | Poids (4kg) | MASSIN Marie | 9m17 | 2019 |
| Disque (2kg) | DE GEYTER Olivier | 34m11 | 2011 | Disque (1kg) | DELCAMPE Sandrine | 28m44 | 2014 |
| Javelot (800g) | DE GEYTER Olivier | 39m31 | 2013 | Javelot (600g) | LEFEBVRE Marie-Jeanne | 25m45 | 2023 |
| Marteau (7.26kg) | DE GEYTER Olivier | 39m43 | 2012 | Marteau (4kg) | DELCAMPE Sandrine | 35m75 | 2014 |
| Marteau Lourd (15kg) | DE GEYTER Olivier | 11m98 | 2011 | Marteau Lourd (9.08kg) | DELCAMPE Sandrine | 10m35 | 2014 |
| Pentathlon | LAUS Joachim | 2468pts | 2022 | Pentathlon | FRANCQ Anne-Marie | 874pts | 2015 |
| PentaLancers | DE GEYTER Olivier | 2577pts | 2010 | PentaLancers | DELCAMPE Sandrine | 1128pts | 2014 |
| Décathlon | | | | Heptathlon | | | |

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| M40 Hommes | | | | M40 Dames | | | |
|----------------|-------------------------------------------------|----------|-------|-------------|-------------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | FONTAINE Pascal | 7"48 | 2004 | 60m | FRANCQ Anne-Marie | 9"49 | 2020 |
| 200m | FONTAINE Pascal | 24"56 | 2003 | 200m | FRANCQ Anne-Marie | 33'25 | 2020 |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | FRANCQ Anne-Marie | 1'15"72 | 2016 |
| 800m | NOULLET Pascal | 2'05"59 | 2001 | 800m | FRANCQ Anne-Marie | 3'18"11 | 2020 |
| 1000m | NOULLET Pascal | 2'46"23 | 2002 | 1000m | | | |
| 1500m | NOULLET Pascal | 4'25"02 | 2002 | 1500m | | | |
| Mile | NOULLET Pascal | 5'08"54 | 2008 | Mile | | | |
| 3000m | NOULLET Pascal | 9'34"06 | 2001 | 3000m | | | |
| 60H (0.99m) | | | | 60H (0.84m) | FRANCQ Anne-Marie | 12"73 | 2020 |
| 4x200m | FONTAINE P - NOULLET P - GARBIN R - FIEVEZ C | 1'45"65 | 2004 | 4x200m | | | |
| Hauteur | EVARD Didier | 1m55 | 2004 | Hauteur | FRANCQ Anne-Marie | 1m20 | 2020 |
| Longueur | EVARD Didier | 5m54 | 2004 | Longueur | HENNART Sandrine | 5m00 | 2016 |
| Triple saut | FONTAINE Pascal | 10m23 | 2004 | Triple saut | | | |
| Perche | BACART Georges | 2m | 2004 | Perche | | | |
| Poids (7.26kg) | DE GEYTER Olivier | 13m66 | 2016 | Poids (4kg) | MASSIN Marie | 9m18 | 2020 |
| Triathlon | DE TEMMERMAN Michael | 953pts | 2019 | Triathlon | FRANCQ Anne-Marie | 1042pts | 2018 |
| Pentathlon | | | | Pentathlon | FRANCQ Anne-Marie | 2000pts | 2020 |

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| M40 Hommes | | | | M40 Dames | | | |
|----------------------|---------------------------------------------------|-----------|------|------------------------|----------------------------------------------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | LEFEBVRE Sylvain | 11"60 | 2020 | 100m | HENNART Sandrine | 13"84 | 2015 |
| 200m | FONTAINE Pascal | 23"85 | 2004 | 200m | | | |
| 300m | LEFEBVRE Sylvain | 39"30 | 2022 | 300m | | | |
| 400m | DÉGALLAIX Michel | 55"09 | | 400m | FRANCQ Anne-Marie | 1'15"48 | 2019 |
| 800m | NOULLET Pascal | 2'00"96 | 2003 | 800m | OPSOMER Caroline | 2'42"42 | 2023 |
| 1000m | NOULLET Pascal | 2'44"58 | 2003 | 1000m | | | |
| 1500m | NOULLET Pascal | 4'14"68 | 2003 | 1500m | BRUNEAU Chantal | 5'31"29 | |
| Mile | NOULLET Pascal | 4'38"79 | 2003 | Mile | | | |
| 2000m | NOULLET Pascal | 5'59"51 | 2003 | 2000m | | | |
| 3000m | BILLET Gregory | 9'31"69 | 2014 | 3000m | SADIN Gwenaëlle | 12'03"42 | 2019 |
| 5000m | MICHEL Bruno | 19'25"46 | 2016 | 5000m | OPSOMER Caroline | 21'46"14 | 2022 |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 110H (0.99m) | | | | 80H (0.76m) | FRANCQ Anne-Marie | 17"39 | 2019 |
| 400H (0.91m) | DECLERCQ Philippe | 1'11"9 TM | 2008 | 400H (0.76m) | | | |
| 4x100m | FONTAINE P - EVARD D - NOULLET P - GARBIN R | 48"89 | 2005 | 4x100m | ANTHEMUS C - VERDIN P - LAHAISE A - WILLEQUET G | 1'14"38 | 2010 |
| 4x200m | FONTAINE P - EVARD D - NOULLET P - GARBIN R | 1'43"89 | 2005 | 4x200m | | | |
| 4x400m | GRYMOMPRES S - LEVANT - NOULLET P - FONTAINE P | 3'53"15 | 2001 | 4x400m | | | |
| 3000m St. | NOULLET Pascal | 11'11"09 | 2004 | 3000m St. | | | |
| Hauteur | DE TEMMERMAN Michael | 1m65 | 2015 | Hauteur | FRANCQ Anne-Marie | 1m20 | 2019 |
| Longueur | FONTAINE Pascal | 5m93 | 2002 | Longueur | HENNART Sandrine | 5m11 | 2015 |
| Triple saut | FONTAINE Pascal | 10m13 | 2002 | Triple saut | | | |
| Perche | DE TEMMERMAN Michael | 3m00 | 2015 | Perche | | | |
| Poids (7.26kg) | DE GEYTER Olivier | 13m29 | 2015 | Poids (4kg) | LANDRIEU Rose-Aimée | 8m94 | |
| Disque (2kg) | DECOTTIGNIES Alain | 35m81 | 2003 | Disque (1kg) | LAHAISE Agnès | 22m80 | 2009 |
| Javelot (800g) | BACART Georges | 39m80 | 2002 | Javelot (600g) | FRANCQ Anne-Marie | 21m29 | 2017 |
| Marteau (7.26kg) | DE GEYTER Olivier | 40m59 | 2015 | Marteau (4kg) | MASSIN Marie | 21m18 | 2021 |
| Marteau Lourd (15kg) | DE GEYTER Olivier | 12m61 | 2015 | Marteau Lourd (9.08kg) | MASSIN Marie | 8m98 | 2021 |
| Pentathlon | DECLERCQ Philippe | 1991pts | 2008 | Pentathlon | FRANCQ Anne-Marie | 1652pts | 2019 |
| PentaLancers | DE GEYTER Olivier | 2903pts | 2015 | PentaLancers | FRANCQ Anne-Marie | 1438pts | 2020 |
| Décathlon | | | | Heptathlon | | | |

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| M45 Hommes | | | | M45 Dames | | | |
|----------------|---------------------------------------------------|----------|-------|-------------|-------------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | FONTAINE Pascal | 7"63 | 2006 | 60m | HENNART Sandrine | 8"46 | 2020 |
| 200m | FONTAINE Pascal | 25"05 | 2005 | 200m | FRANCQ Anne-Marie | 31"45 | 2023 |
| 300m | FONTAINE Pascal | 41"37 | 2006 | 300m | | | |
| 400m | NOULLET Pascal | 1'01"27 | 2008 | 400m | FRANCQ Anne-Marie | 1'12"33 | 2023 |
| 800m | | | | 800m | DEBOURLE Rita | 3'20"51 | 2023 |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | NOULLET Pascal | 5'08"54 | 2008 | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.99m) | BACART Georges | 12"07 | 2010 | 60H (0.84m) | | | |
| 4x200m | BECKERS S - FONTAINE P - HOUTMAN D - RENKIN JP | 1'45"16 | 2010 | 4x200m | | | |
| Hauteur | BACART Georges | 1m35 | 2010 | Hauteur | | | |
| Longueur | FONTAINE Pascal | 4m96 | 2006 | Longueur | HENNART Sandrine | 5m14 | 2020 |
| Triple saut | | | | Triple saut | | | |
| Perche | BACART Georges | 2m00 | 2012 | Perche | | | |
| Poids (7.26kg) | DE GEYTER Olivier | 13m17 | 2020 | Poids (4kg) | HENNART Sandrine | 7m65 | 2018 |
| Triathlon | | | | | FRANCQ Anne-Marie | | 2022 |
| Pentathlon | | | | Triathlon | HENNART Sandrine | 1582pts | 2018 |
| | | | | Pentathlon | | | |

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| M45 Hommes | | | | M45 Dames | | | |
|----------------------|-------------------|----------|------|------------------------|--------------------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | FONTAINE Pascal | 11"89 | 2006 | 100m | HENNART Sandrine | 13"48 | 2021 |
| 200m | FONTAINE Pascal | 24"15 | 2006 | 200m | FRANCQ Anne-Marie | 30"97 | 2023 |
| 300m | | | | 300m | | | |
| 400m | LEPOUTERE Franck | 1'10"44 | 2011 | 400m | FRANCQ Anne-Marie | 1'19"31 | 2021 |
| 800m | MICHEL Bruno | 2'22"08 | 2019 | 800m | PROVOST THILL Valerie | 3'09"04 | 2017 |
| 1000m | | | | 1000m | | | |
| 1500m | VELGHE Jean | 4'44"87 | 2011 | 1500m | FRANCQ Anne-Marie | 7'07"18 | 2021 |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | LIEGOIS Laurent | 10'39"81 | 2023 | 3000m | SAROT Pascale | 12'34"73 | 2012 |
| 5000m | | | | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 110H (0.99m) | BACART Georges | 22"44 | 2011 | 100H (0.84m) | FRANCQ Anne-Marie | 21"91 | 2021 |
| 400H (0.91m) | | | | 400H (0.76m) | FRANCQ Anne-Marie | 1'31"61 | 2021 |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | RAVEZ Michel | 1m63 | 2009 | Hauteur | HENNART Sandrine | 1m30 | 2019 |
| Longueur | FONTAINE Pascal | 4m43 | 2010 | Longueur | HENNART Sandrine | 5m35 | 2022 |
| Triple saut | | | | Triple saut | | | |
| Perche | BACART Georges | 2m00 | 2012 | Perche | | | |
| Poids (7.26kg) | DE GEYTER Olivier | 12m53 | 2019 | Poids (4kg) | DEBOURLE Rita | 7m43 | 2022 |
| Disque (2kg) | POTY Sebastien | 35m70 | 2019 | Disque (1kg) | LAHAISE Agnès | 24m66 | 2011 |
| Javelot (800g) | POTY Sebastien | 40m66 | 2019 | Javelot (600g) | DELUCUEILLERIE Stephanie | 23m31 | 2023 |
| Marteau (7.26kg) | DE GEYTER Olivier | 39m43 | 2022 | Marteau (4kg) | BOIZET Sigrid | 20m47 | 2021 |
| Marteau Lourd (15kg) | DE GEYTER Olivier | 11m95 | 2021 | Marteau Lourd (9.08kg) | BOIZET Sigrid | 6m62 | 2021 |
| Pentathlon | BACART Georges | 1109pts | 2009 | Pentathlon | | | |
| PentaLancers | DE GEYTER Olivier | 3126pts | 2019 | PentaLancers | BOIZET Sigrid | 1597pts | 2021 |
| Décathlon | | | | Heptathlon | | | |

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| M50 Hommes | | | | M50 Dames | | | |
|-------------|---------------------|----------|-------|-------------|------------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | FONTAINE Pascal | 8"03 | 2012 | 60m | HENNART Sandrine | 8"27 | 2023 |
| 200m | FONTAINE Pascal | 27"65 | 2012 | 200m | DHANIS Christine | 33"80 | 2018 |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | VAN DURMEN Philippe | 2'33"98 | 2023 | 800m | DHANIS Christine | 3'37"28 | 2019 |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.91m) | BACART Georges | 12"53 | 2014 | 60H (0.76m) | DHANIS Christine | 13"27 | 2019 |
| 4x200m | | | | 4x200m | | | |
| Hauteur | DUTHOO Laurent | 1m55 | 2022 | Hauteur | DHANIS Christine | 1m20 | 2019 |
| Longueur | | | | Longueur | HENNART Sandrine | 5m64 | 2023 |
| Triple saut | | | | Triple saut | | | |
| Perche | BACART Georges | 2m50 | 2014 | Perche | | | |
| Poids (6kg) | DUTHOO Laurent | 13m90 | 2023 | Poids (3kg) | HENNART Sandrine | 9m18 | 2023 |
| Triathlon | | | | Triathlon | | | |
| Pentathlon | | | | Pentathlon | | | |

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| M50 Hommes | | | | M50 Dames | | | |
|-------------------------|--------------------|----------|------|------------------------|---------------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | FONTAINE Pascal | 12"56 | 2011 | 100m | HENNART Sandrine | 13"19 | 2023 |
| 200m | FONTAINE Pascal | 25"75 | 2011 | 200m | DHANIS Christine | 32"28 | 2017 |
| 300m | | | | 300m | WILLEQUET Gilliane | 1'00"97 | 2015 |
| 400m | VANHAEBOST Georges | 1'04"85 | 2016 | 400m | WILLEQUET Gilliane | 1'28"40 | 2015 |
| 800m | VANHAEBOST Georges | 2'23"60 | 2015 | 800m | ANTHEMUS Christiane | 3'11"92 | 2011 |
| 1000m | | | | 1000m | | | |
| 1500m | VANHAEBOST Georges | 4'45"01 | 2014 | 1500m | | | |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | TRIFIN Ivan | 10'48"33 | 2023 | 3000m | ANTHEMUS Christiane | 13'55.23 | 2012 |
| 5000m | | | | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 100H (0.91m) | BACART Georges | 21"48 | 2013 | 80H (0.76m) | DHANIS Christine | 19"20 | 2018 |
| 400H (0.84m) | | | | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | DUTHOO Laurent | 1m51 | 2023 | Hauteur | HENNART Sandrine | 1m30 | 2023 |
| Longueur | GALLEZ Dominique | 4m56 | 2016 | Longueur | HENNART Sandrine | 5m47 | 2023 |
| Triple saut | | | | Triple saut | | | |
| Perche | BACART Georges | 2m30 | 2013 | Perche | | | |
| Poids (6kg) | DUTHOO Laurent | 13m30 | 2022 | Poids (3kg) | GRIGOLATO Martine | 8m86 | 2011 |
| Disque (1,5kg) | DUTHOO Laurent | 39m90 | 2022 | Disque (1kg) | GRIGOLATO Martine | 24m09 | 2011 |
| Javelot (700g) | BACART Georges | 36m95 | 2012 | Javelot (500g) | GRIGOLATO Martine | 13m30 | 2011 |
| Marteau (6kg) | DUTHOO Laurent | 44m10 | 2022 | Marteau (3kg) | GRIGOLATO Martine | 28m13 | 2011 |
| Marteau Lourd (11,34kg) | DUTHOO Laurent | 14m95 | 2022 | Marteau Lourd (7.26kg) | GRIGOLATO Martine | 9m10 | 2011 |
| Pentathlon | | | | Pentathlon | DHANIS Christine | 2305pts | 2018 |
| PentaLancers | DUTHOO Laurent | 3425pts | 2022 | PentaLancers | GRIGOLATO Martine | 2282pts | 2011 |
| Décathlon | | | | Heptathlon | | | |

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| M55 Hommes | | | | M55 Dames | | | |
|-------------|-----------------|----------|-------|-------------|--------------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | FONTAINE Pascal | 8"19 | 2018 | 60m | DHANIS Christine | 9"11 | 2020 |
| 200m | | | | 200m | WILLEQUET Gilliane | 37"15 | 2020 |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | | | | 800m | DHANIS Christine | 3'30"90 | 2020 |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.91m) | | | | 60H (0.76m) | DHANIS Christine | 13"23 | 2020 |
| 4x200m | | | | 4x200m | | | |
| Hauteur | BACART Georges | 1m25 | 2020 | Hauteur | DHANIS Christine | 1m25 | 2020 |
| Longueur | FONTAINE Pascal | 4m01 | 2017 | Longueur | DHANIS Christine | 4m43 | 2020 |
| Triple saut | | | | Triple saut | | | |
| Perche | BACART Georges | 2m20 | 2020 | Perche | | | |
| Poids (6kg) | BACART Georges | 9m48 | 2020 | Poids (3kg) | GRIGOLATO Martine | 8m48 | 2013 |
| Triathlon | | | | Triathlon | | | |
| Pentathlon | | | | Pentathlon | DHANIS Christine | 2847pts | 2020 |

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|-------------------------|--------------------|----------|------|------------------------|---------------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | FONTAINE Pascal | 12"87 | 2016 | 100m | DHANIS Christine | 14"31 | 2022 |
| 200m | | | | 200m | DHANIS Christine | 30"44 | 2022 |
| 300m | | | | 300m | | | |
| 400m | COCU Jean-Luc | 1'17"45 | 2012 | 400m | ANTHEMUS Christiane | 1'33"09 | 2014 |
| 800m | COCU Jean-Luc | 3'02"41 | 2012 | 800m | DHANIS Christine | 3'21"38 | 2022 |
| 1000m | | | | 1000m | | | |
| 1500m | VANHAEBOST Georges | 5'01"93 | 2019 | 1500m | | | |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | COCU Jean-Luc | 12'35"76 | 2009 | 3000m | | | |
| 5000m | | | | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 100H (0.91m) | | | | 80H (0.76m) | DHANIS Christine | 16"67 | 2023 |
| 400H (0.84m) | | | | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | | | | Hauteur | DHANIS Christine | 1m28 | 2022 |
| Longueur | | | | Longueur | DHANIS Christine | 4m54 | 2022 |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (6kg) | BACART Georges | 10m30 | 2018 | Poids (3kg) | GRIGOLATO Martine | 8m83 | 2016 |
| Disque (1,5kg) | LONGEVAL Fernand | 31m58 | 2005 | Disque (1kg) | GRIGOLATO Martine | 22m74 | 2017 |
| Javelot (700g) | LONGEVAL Fernand | 38m88 | 2005 | Javelot (500g) | GRIGOLATO Martine | 14m20 | 2017 |
| Marteau (6kg) | BACART Georges | 35m22 | 2020 | Marteau (3kg) | GRIGOLATO Martine | 29m58 | 2017 |
| Marteau Lourd (11,34kg) | BACART Georges | 12m50 | 2018 | Marteau Lourd (7.26kg) | GRIGOLATO Martine | 8m80 | 2017 |
| Pentathlon | | | | Pentathlon | DHANIS Christine | 2663pts | 2019 |
| PentaLancers | BACART Georges | 2944pts | 2018 | PentaLancers | GRIGOLATO Martine | 2501pts | 2017 |
| Décathlon | | | | Heptathlon | DHANIS Christine | 4210pts | 2022 |

RUSTA : records club INDOOR - māj 01.04.2024

| M60 Hommes | | | | M60 Dames | | | |
|-------------|-----------------|----------|-------|-------------|-------------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | FONTAINE Pascal | 8"36 | 2022 | 60m | GRIGOLATO Martine | 36"82 | 2018 |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | | | | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.91m) | | | | 60H (0.76m) | | | |
| 4x200m | | | | 4x200m | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (5kg) | BACART Georges | 10m92 | 2023 | Poids (3kg) | GRIGOLATO Martine | 8m22 | 2018 |
| Triathlon | | | | Triathlon | | | |
| Pentathlon | | | | Pentathlon | | | |

RUSTA : records club OUTDOOR - māj 01.11.2023

| M60 Hommes | | | | M60 Dames | | | |
|------------------------|------------------|----------|------|------------------------|-------------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | FONTAINE Pascal | 13"50 | 2021 | 100m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | COCU Jean-Luc | 3'09"69 | 2013 | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | COCU Jean-Luc | 6'18"68 | 2013 | 1500m | | | |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | COCU Jean-Luc | 13'43"92 | 2015 | 3000m | | | |
| 5000m | | | | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 100H (0.91m) | | | | 80H (0.76m) | | | |
| 400H (0.84m) | | | | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (5kg) | LONGEVAL Fernand | 10m76 | 2009 | Poids (3kg) | GRIGOLATO Martine | 8m20 | 2018 |
| Disque (1kg) | LONGEVAL Fernand | 35m71 | 2009 | Disque (1kg) | GRIGOLATO Martine | 22m40 | 2018 |
| Javelot (600g) | LONGEVAL Fernand | 37m99 | 2011 | Javelot (500g) | GRIGOLATO Martine | 14m16 | 2018 |
| Marteau (5kg) | BACART Georges | 35m78 | 2022 | Marteau (3kg) | GRIGOLATO Martine | 27m46 | 2018 |
| Marteau Lourd (9,08kg) | BACART Georges | 12m72 | 2022 | Marteau Lourd (5.45kg) | GRIGOLATO Martine | 10m32 | 2018 |
| Pentathlon | | | | Pentathlon | | | |
| PentaLancers | LONGEVAL Fernand | 3086pts | 2009 | PentaLancers | GRIGOLATO Martine | 2856pts | 2018 |
| Décathlon | | | | Heptathlon | | | |

RUSTA : records club INDOOR - māj 01.04.2024

| M65 Hommes | | | | M65 Dames | | | |
|-------------|---------------|----------|-------|-------------|------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | COCU Jean-Luc | 10"96 | 2019 | 60m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | | | | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.91m) | | | | 60H (0.76m) | | | |
| 4x200m | | | | 4x200m | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (5kg) | | | | Poids (3kg) | | | |
| Triathlon | | | | Triathlon | | | |
| Pentathlon | | | | Pentathlon | | | |

RUSTA : records club OUTDOOR - māj 01.11.2023

| M65 Hommes | | | | M65 Dames | | | |
|------------------------|------------------|----------|------|------------------------|------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | | | | 100m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | COCU Jean-Luc | 3'44"02 | 2022 | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | | | | 3000m | | | |
| 5000m | COCU Jean-Luc | 25'48"86 | 2019 | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 100H (0.91m) | | | | 80H (0.76m) | | | |
| 400H (0.84m) | | | | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (5kg) | LONGEVAL Fernand | 10m14 | 2015 | Poids (3kg) | | | |
| Disque (1kg) | FRULEUX Thierry | 40m21 | 2020 | Disque (1kg) | | | |
| Javelot (600g) | LONGEVAL Fernand | 34m43 | 2014 | Javelot (500g) | | | |
| Marteau (5kg) | LONGEVAL Fernand | 31m41 | 2013 | Marteau (3kg) | | | |
| Marteau Lourd (9,08kg) | LONGEVAL Fernand | 11m32 | 2014 | Marteau Lourd (5.45kg) | | | |
| Pentathlon | | | | Pentathlon | | | |
| PentaLancers | LONGEVAL Fernand | 3111pts | 2015 | PentaLancers | | | |
| Décathlon | | | | Heptathlon | | | |

RUSTA : records club INDOOR - m@j 01.04.2024

| M70 Hommes | | | | M70 Dames | | | |
|-------------|------------|----------|-------|-------------|------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | | | | 60m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | | | | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.91m) | | | | 60H (0.76m) | | | |
| 4x200m | | | | 4x200m | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (4kg) | | | | Poids (3kg) | | | |
| Triathlon | | | | Triathlon | | | |
| Pentathlon | | | | Pentathlon | | | |

RUSTA : records club OUTDOOR - m@j 01.11.2023

| M70 Hommes | | | | M70 Dames | | | |
|------------------------|------------------|----------|------|------------------------|------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | | | | 100m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | COCU Jean-Luc | 1'41"03 | 2023 | 400m | | | |
| 800m | COCU Jean-Luc | 3'51"00 | 2023 | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | COCU Jean-Luc | 7'53"76 | 2023 | 1500m | | | |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | | | | 3000m | | | |
| 5000m | | | | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 100H (0.91m) | | | | 80H (0.76m) | | | |
| 400H (0.84m) | | | | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (4kg) | LONGEVAL Fernand | 10m36 | 2018 | Poids (3kg) | | | |
| Disque (1kg) | LONGEVAL Fernand | 30m84 | 2018 | Disque (1kg) | | | |
| Javelot (500g) | LONGEVAL Fernand | 32m58 | 2018 | Javelot (500g) | | | |
| Marteau (4kg) | LONGEVAL Fernand | 31m05 | 2018 | Marteau (3kg) | | | |
| Marteau Lourd (7,26kg) | LONGEVAL Fernand | 12m02 | 2018 | Marteau Lourd (5.45kg) | | | |
| Pentathlon | | | | Pentathlon | | | |
| PentaLancers | LONGEVAL Fernand | 3301pts | 2018 | PentaLancers | | | |
| Décathlon | | | | Heptathlon | | | |

RUSTA : records club INDOOR - m̀aj 01.04.2024

| M75 Hommes | | | | M75 Dames | | | |
|-------------|------------|----------|-------|-------------|------------|----------|-------|
| Epreuve | Nom Prénom | Résultat | Année | Epreuve | Nom Prénom | Résultat | Année |
| 60m | | | | 60m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | | | | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 3000m | | | | 3000m | | | |
| 60H (0.91m) | | | | 60H (0.76m) | | | |
| 4x200m | | | | 4x200m | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (4kg) | | | | Poids (3kg) | | | |
| Triathlon | | | | Triathlon | | | |
| Pentathlon | | | | Pentathlon | | | |

RUSTA : records club OUTDOOR - m̀aj 01.11.2023

| M75 Hommes | | | | M75 Dames | | | |
|------------------------|------------------|----------|------|------------------------|------------|----------|------|
| Epreuve | Nom Prénom | Résultat | Date | Epreuve | Nom Prénom | Résultat | Date |
| 100m | | | | 100m | | | |
| 200m | | | | 200m | | | |
| 300m | | | | 300m | | | |
| 400m | | | | 400m | | | |
| 800m | | | | 800m | | | |
| 1000m | | | | 1000m | | | |
| 1500m | | | | 1500m | | | |
| Mile | | | | Mile | | | |
| 2000m | | | | 2000m | | | |
| 3000m | | | | 3000m | | | |
| 5000m | | | | 5000m | | | |
| 10000m | | | | 10000m | | | |
| 20km | | | | 20km | | | |
| Heure | | | | Heure | | | |
| Semi-marathon | | | | Semi-marathon | | | |
| Marathon | | | | Marathon | | | |
| 100H (0.91m) | | | | 80H (0.76m) | | | |
| 400H (0.84m) | | | | 400H (0.76m) | | | |
| 4x100m | | | | 4x100m | | | |
| 4x200m | | | | 4x200m | | | |
| 4x400m | | | | 4x400m | | | |
| 3000m St. | | | | 3000m St. | | | |
| Hauteur | | | | Hauteur | | | |
| Longueur | | | | Longueur | | | |
| Triple saut | | | | Triple saut | | | |
| Perche | | | | Perche | | | |
| Poids (4kg) | LONGEVAL Fernand | 9m06 | 2023 | Poids (3kg) | | | |
| Disque (1kg) | LONGEVAL Fernand | 27m58 | 2023 | Disque (1kg) | | | |
| Javelot (500g) | LONGEVAL Fernand | 26m79 | 2023 | Javelot (500g) | | | |
| Marteau (4kg) | LONGEVAL Fernand | 28m30 | 2023 | Marteau (3kg) | | | |
| Marteau Lourd (7,26kg) | LONGEVAL Fernand | 10m03 | 2023 | Marteau Lourd (5.45kg) | | | |
| Pentathlon | | | | Pentathlon | | | |
| PentaLancers | LONGEVAL Fernand | 2880pts | 2023 | PentaLancers | | | |
| Décathlon | | | | Heptathlon | | | |